***LESSON REFLECTIONS***

***Kinetic and Potential Energy***

***Kim Nelson (STEMSATIONAL)***

1. **What was your favorite part of the lesson and why?**

The teachers all liked the ball bounce activity. The students really got into the lesson and it was a great tie into math. The engagement was also very beneficial and all the students could take part. It got them involved and talking about the key vocabulary words.

1. **How effective was the lesson in meeting the objective? What was most effective?**

The teachers found this lesson to be very effective. They liked how this lesson integrated math with measuring and graphing the results. Placing the students in small groups allowed them to be more involved in the lesson, which helped them make the connections.

1. **What parts of the lesson would you change? Why?**

A few of the teachers suggested they would teach some of the key vocabulary words prior to this lesson to aid in really understanding the activity and objectives. It was also hard to eyeball the bouncing of the ball. We weren’t sure how to change this.

1. **Were there any parts that needed more explanation or time? How did you handle these situations?**   
   The teachers felt more time for the completion of this lesson was needed. They also said students were not real familiar with a yardstick and “cm”. Some of the teachers had the students start with inches and then transition to cm to help with this.
2. **Did your students find the lesson meaningful and worth completing?**  
   Yes! The students enjoyed the hands-on experience and also liked the Brain Pop clips.